

	<b>Autumn 1</b> Religious understanding	<b>Autumn 2</b> Religious understanding Personal Relationships	<b>Spring 1</b> Personal Relationships Life Online	<b>Spring 2</b> Life Online Keeping Safe	<b>Summer 1</b> Religious Understanding Keeping Safe	<b>Summer 2</b> Religious Understanding Living in the Wider World
<b>EYFS</b> (nursery)	1.1 Handmade with Love	2.1 Role Model	2.2.1 Who's Who? 2.2.2 You've got a Friend in Me 2.2.3 Forever Friends	2.3.1 What is the Internet? 2.3.2 Playing Online	2.4.1 Safe Inside and Out 2.4.2 My Body, My Rules 2.4.3 Feeling Poorly 2.4.4 People Who Help Us	3.1.1 God is Love 3.1.2 Loving God, Loving Others 3.2.1 Me, You, Us
<b>Year 1/2</b>	1.1 Story Sessions: Let the Children Come	2.1.1 God Loves You	2.2.1 Special People 2.2.2 Treat Others Well... 2.2.3 ...And Say Sorry	2.4.1 Good and Bad Secrets 2.4.2 Physical Contact 2.4.3 Harmful Substances 2.4.4 and 2.4.5 Can You Help Me? (Part 1 and 2)	3.1.1 Three in One 3.1.2 Who Is My Neighbour?	3.2.1 The Communities We Live In 3.2.2 Who Will I Be?
<b>Year 3/4</b>	1.1.1 Get Up! 1.1.2 The Sacraments 2.1.1 Jesus My Friend	2.2.1 Family, Friends and Others 2.2.2 When Things Feel Bad	2.3.1 Sharing Online 2.3.2 Chatting Online <b>*Y3 Only*</b> 1.2.1 We Don't Have to be the Same 1.2.2 Respecting our Bodies <b>*Y4 only*</b> 1.2.3 What is Puberty? 1.2.4 Changing Bodies	2.4.1 Safe in My Body 2.4.2 Drugs, Alcohol and Tobacco 2.4.3 First Aid Heroes 2.4.4 Rights and Responsibilities	3.1.1 A Community of Love 3.1.2 What is the Church?	3.2.1 How Do I Love Others? 3.2.2 Working Together
<b>Year 5/6</b>	1.1 Calming the Storm 2.1.1 God is Calling You	2.2.1 Under Pressure 2.2.2 Do You Want a Piece of Cake? 2.2.3 Self-Talk	<b>*Y5 only*</b> 2.3.1 Sharing Isn't Always Caring 2.3.2 Cyberbullying <b>*Y6 only*</b> 1.4.1 and 1.4.2 Making Babies (Part 1 and 2) 1.4.3 Menstruation	2.4.1 Types of Abuse 2.4.2 Impacted Lifestyles 2.4.3 Making Good Choices 2.4.4 Giving Assistance	3.1.1 The Holy Trinity 3.1.2 Catholic Social Teaching	3.2.1 Reaching Out 3.2.2 The World of Work

PSHCE/RSHE Long Term Plan: Route B

	Autumn 1 Religious Understanding Me, My Body, My Health	Autumn 2 Me, My body, My health Emotional Wellbeing	Spring 1 Emotional Wellbeing Life Cycles	Spring 2 Life cycles, Life Online, Personal Relationships	Summer 1 Religious Understanding	Summer 2 Living in the Wider World
EYFS (reception)	1.1 Handmade with Love	1.2.1 I Am Me 1.2.2 Heads, Shoulders Knees and Toes 1.2.3 Ready Teddy?	1.3.1 I Like, You Like, We All Like! 1.3.2 All the Feelings! 1.3.3 Let's Get Real!	1.4.1 Role Model	3.1.1 Who's who 3.1.2 You've got a friend in me 1.1.3 Forever Friends	What is the internet  Playing Online
Year 1/2	1.2.1 I Am Unique 1.2.2 Girls and Boys 1.2.3 and 1.2.4 Clean and Healthy (My Body)	1.3.1 Feelings, Likes and Dislikes 1.3.2 Feeling Inside Out 1.3.3 Super Susie Gets Angry	1.4.1 The Cycle of Life 1.4.2 Beginnings and Endings 1.4.3 Change is All Around	2.3.1 Real Life Online 2.3.2 Rules to Help Us	3.1.1 Three in One 3.1.2 Who is My Neighbour?	3.2.1 The Communities We Live in 3.2.3 Needs and Wants
Year 3/4	1.1 Get Up!	<b>*Y3 Only*</b> 1.2.1 We Don't Have to be the Same 1.2.2 Respecting our Bodies	1.3.1 What Am I Feelings? 1.3.2 What Am I Looking At? 1.3.3 I Am Thankful	1.4.1 Life Cycles 1.4.2 A Time for Everything 1.4.3 Big Changes, Little Changes	3.1.1 A Community of Love 3.1.2 What is the Church?	3.2.1 How Do I Love Others? 3.2.2 Money Matters
		<b>*Y4 only*</b> 1.2.3 What is Puberty? 1.2.4 Changing Bodies				
Year 5/6	1.2.1 Gifts and Talents 1.2.2 Girl's Bodies 1.2.3 Boy's Bodies 1.2.4 Spots and Sleep	1.3.1 Body Image 1.3.2 Peculiar Feelings 1.3.3 Emotional Changes 1.3.4 Seeing Staff Online	<b>*Y5 only*</b> 2.3.1 Sharing Isn't Always Caring 2.3.2 Cyberbullying	2.2.4 Build Others Up 1.4.4 Hope Beyond Death 1.4.5 Coping with Change	3.1.1 The Holy Trinity 3.1.2 Catholic Social Teaching	3.2.1 Reaching Out 3.2.3 Money and Me
			<b>*Y6 only*</b> 1.4.1 and 1.4.2 Making Babies (Part 1 and 2) 1.4.3 Menstruation			