

Hi, my name is Joniece Thompson and I am a Children and Young People's Mental Health Worker with the NHS Mental Health Support Team in Chester and Winsford. Our team have now started working with St Josephs Primary School and it is my role to oversee the work that we do in your school.

My role may involve supporting children who are experiencing mild to moderate low mood or anxiety using techniques such as cognitive-behavioural therapy.

I can also help to support parents and school staff.

If you have any questions about our team or my role, please do not hesitate to contact me or speak to staff at school. Thanks!

