

## PSHE/RSE Long Term Plan: Route A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS</b>	PSHE in reception classes as an integral part of the topic work covered during the year. The PSHCE aspects of the children's work are related to the objectives set out in the PSED Early Learning Goals (ELGs). We also support citizenship education in reception classes through the teaching of 'Understanding the World – People and Communities'.					
<b>Year 1/2</b>	KS1.1.1: Kester's Adventures – Handmade with Love	KS1 2.1.1: God Loves You	KS1.2.2.1: Special People KS1.2.2.2: Treat Others Well... KS1.2.2.3: ...And Say Sorry	KS1.2.3.1: Being Safe KS1.2.3.2: Good Secrets and Bad Secrets KS1.2.3.3: Physical Contact	KS1.3.1.1: Trinity House	KS1.3.1.2: Who Is My Neighbour?
<b>Year 3/4</b>	LKS2.1.1 Kester's Adventures – Designed for a purpose	LKS2.1.1.1 The Sacraments LKS2.2.1 Jesus My Friend	LKS2.2.2.1 Family, Friends and Others LKS2.2.2.2 When Things Feel Bad LKS2.2.2.3 When Things Change	* <b>ONLY YR3*</b> LKS2.1.2.1 We don't have to be the same LKS2.1.2.2 Respecting Our Bodies	LKS2.2.3.1: Sharing Online LKS2.2.3.2: Chatting Online LKS2.2.3.3: Physical Contact	LKS2.3.1.1 Trinity House LKS2.3.1.2 Where is Church?
				* <b>ONLY YR4*</b> LKS2.1.2.3 What is Puberty? LKS2.1.2.4 Changing Bodies		
<b>Year 5/6</b>	UKS2.1.1 Kester's Adventures – Made to Grow	UKS2.2.1.1: Is God Calling You?	UKS2.2.2.1 Under Pressure UKS2.2.2.2 Do You Want a Piece of Cake? UKS2.2.2.3 Self-Talk	* <b>YR5 ONLY*</b> UKS2.2.3.1 Sharing Online UKS2.2.3.2 Chatting Online	UKS2.2.3.3 Physical Contact	UKS2.3.1.1 Trinity House UKS2.3.1.2 Catholic Social Teaching
				* <b>YR6 ONLY*</b> UKS2.1.4.1 Making Babies (Part 1) UKS2.1.4.3 Menstruation		

## PSHE/RSE Long Term Plan: Route B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS</b>	PSHE in reception classes as an integral part of the topic work covered during the year. The PSHCE aspects of the children's work are related to the objectives set out in the PSED Early Learning Goals (ELGs). We also support citizenship education in reception classes through the teaching of 'Understanding the World – People and Communities'.					
<b>Year 1/2</b>	KS1.1.1: Kester's Adventures – Handmade with Love	KS1.1.2.1: I Am Unique (Me) KS1.1.2.2: Girls and Boys (My Body) KS1.1.2.3: Clean and Healthy (My Health)	KS1.1.3.1: Feelings, Likes and Dislikes KS1.1.3.2: Feeling Inside Out KS1.1.3.3: Super Susie Gets Angry	KS1.1.4.1: The Cycle of Life	KS1.3.1.1: Trinity House KS1.3.2.1: The Communities We Live In	
<b>Year 3/4</b>	LKS2.1.1 Kester's Adventures – Designed for a purpose	LKS2.1.3.1 What Am I Feeling? LKS2.1.3.2 What Am I Looking At? LKS2.1.3.3 I Am Thankful!		* <b>ONLY YR3*</b> LKS2.1.2.1 We don't have to be the same LKS2.1.2.2 Respecting Our Bodies	LKS2.1.4.1 Life Cycles	LKS2.3.1.1 Trinity House LKS2.3.2.1 How Do I Love Others?
				* <b>ONLY YR4*</b> LKS2.1.2.3 What is Puberty? LKS2.1.2.4 Changing Bodies		
<b>Year 5/6</b>	UKS2.1.1 Kester's Adventures – Made to Grow	UKS2.1.2.1 Gifts and Talents UKS2.1.2.2 Girls' Bodies UKS2.1.2.3 Boys' Bodies UKS2.1.2.4 Spots and Sleep	UKS2.1.3.1 Body Image UKS2.1.3.2 Funny Feelings UKS2.1.3.3 Emotional Changes UKS2.1.3.4 Seeing Stuff Online	* <b>YR5 ONLY*</b> UKS2.2.3.1 Sharing Online UKS2.2.3.2 Chatting Online		UKS2.3.1.1 Trinity House UKS2.3.2.1 Reaching Out
				* <b>YR6 ONLY*</b> UKS2.1.4.1 Making Babies (Part 1) UKS2.1.4.3 Menstruation		