

PE Long Term Plan: Route A

	Autumn 1		Autumn 2		Spring 2		Spring 2		Summer 2		Summer 2	
EYFS	Games	Year 6 Residential Outdoor and adventurous Tag Rugby Competition	Games	Dodgeball Competition	Gymnastics	Boccia Competition	Games	Golf Competition	Athletics	Multi skills Sports Day	Games	Tennis Competition
	Spatial awareness Basic Motor Skills Travel		Recalling Copying Patterns		Jump Balance Roll		Coordination Control Over Under Through		Aiming Estimating Throwing		Sending Striking Receiving	
Year 1/2	Games		Games		Gymnastics		Games		Athletics		Games	
	Fundamental movements skills Running Jumping		Balance Throwing Catching		PE Resources Bank Year 1		Agility Coordination		PE Resources Bank Year 1		Teams Tactics Attacking Defending	
Year 3/4	Invasion Games		Target Games		Gymnastics		Net & Wall Games		Athletics		Games	
	Tag Rugby PE Resources Bank Year 3		Boccia Improve Evaluate		PE Resources Bank Year 3		Tennis Resources Bank Year 3		PE Resources Bank Year 3		Communication Collaboration Golf	
	Swimming		Swimming		Swimming		Swimming		Swimming		Swimming	
Year 5/6	Invasion Games		Target Games		Gymnastics		Net & Wall Games		Athletics		Games Outdoor and Adventurous	
	Dodgeball Basketball Res Bank Year 5		Golf Improve Evaluate		PE Resources Bank Year 5		Volleyball Resources Bank Year 5		PE Resources Bank Year 5		Orienteering Badminton	

PE Long Term Plan: Route B

	Autumn 1		Autumn 2		Spring 2		Spring 2		Summer 2		Summer 2	
EYFS	Games	Year 6 Residential Outdoor and adventurous Tag Rugby Competition	Games	Dodgeball Competition	Dance	Boccia Competition	Games	Golf Competition	Athletics	Multi skills Sports Day	Games	Tennis Competition
	Spatial awareness Basic Motor Skills Travel		Recalling Copying Patterns		Movement Pathways Sequences		Coordination Control Over Under Through		Aiming Estimating Throwing		Sending Striking Receiving	
Year 1/2	Games		Games		Dance		Games		Athletics		Games	
	Fundamental movements skills Running Jumping		Balance Throwing Catching		PE Cards and Resource Back 2		Agility Coordination		PE Resources Bank Year 2		Teams Tactics Attacking Defending	
Year 3/4	Invasion Games		Invasion Games		Dance		Striking and Fielding Rouders		Athletics		Games	
	Netball PE Resources Bank Year 4		Football Resources Bank Year 4		PE Cards and Resource Back 4		PE Resources Bank Year 3		PE Resources Bank Year 4		Communication Collaboration Golf	
	Swimming		Swimming		Swimming		Swimming		Swimming		Swimming	
Year 5/6	Invasion Games		Invasion Games		Dance		Striking and Fielding Rouders		Athletics		Games Outdoor and Adventurous	
	Hockey Basketball Res Bank Year 6		Tag Rugby Resource Bank Year 6		PE Cards and Resource Back 6		Kwik Cricket PE Resources Bank Year 5		PE Resources Bank Year 6		Golf Improve Evaluate	