



Join in the celebration
and discover how you
can change your world by
changing your journey

- ✓ Be active and feel more energised
- ✓ Help the environment by replacing a car journey
- ✓ Help your school win some fantastic prizes

Are you taking part
in the UK's biggest walking, wheeling,
scouting and cycling to school competition?

www.BigWalkAndWheel.org.uk

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Info sheet

11–22 March 2024

Sustrans Big Walk and Wheel is the UK's largest walking, wheeling, scooting and cycling challenge. It inspires pupils to make active journeys to school, improve air quality in their neighbourhood and discover how these changes benefit their world.



15th Big Walk and Wheel challenge

Help us to celebrate the 15th year of Sustrans Big Walk and Wheel and make it the biggest one yet. Active travel is a great way to build physical activity into children's daily routine. It helps them arrive to school more relaxed and alert, and is great for their mental wellbeing too.

This year the challenge will run from **11–22 March 2024**. It is free and easy to take part in Sustrans Big Walk and Wheel. You can register your school for the challenge from January 2024 at www.bigwalkandwheel.org.uk.



How it works

On each day of the challenge schools compete to see who can record the greatest number of pupils walking, using a wheelchair, scooting or cycling to school.

A school's best five days will determine their final position and schools at the top of their leaderboards will receive an exclusive Sustrans Big Walk and Wheel certificate.



Prizes

All schools will be entered into daily prize draws for rewards if over 15% of your school takes part on each day of the challenge. Prizes up for grabs include accessories and equipment to help your school travel actively.

In 2023,
3,096kg
of nitrogen oxide
avoided as a result
of the 10-day
challenge*

In 2023,
**1,890
tonnes**
of CO₂ avoided as a
result of the 10-day
challenge*

In 2023, pupils at
1,862
schools made
2,666,937
journeys to school by
foot, wheelchair,
scooter and cycle

*Based on the assumption the journeys logged in the challenge would otherwise have been made by car.



School resources

We provide a suite of fun and interactive resources to help make your challenge a success. These free resources include:

- Curriculum linked lesson plans
- Inclusivity guide
- School assembly presentation
- Top Tips
- Poster



FAQs

Who can take part in the Big Walk and Wheel 2024?

All schools in the UK can take part in the Sustrans Big Walk and Wheel (provided they have a DfE or SEED no. or an IRN). If you do not have a DfE/SEED/Inst Ref number email bigwalkandwheel@sustrans.org.uk.

How do I register?

Simply fill in your school details on the [Sustrans Big Walk and Wheel registration page](#).

How do I log journeys for SEN/ALN/ASN pupils?

If a SEN/ALN/ASN pupil is unable to take an active journey to school then one active journey within the school day counts in the challenge. These journeys are logged on the dedicated journey logging page. [For more information please visit the terms and conditions.](#)



What next?

1. Register for the challenge from January 2024 at www.bigwalkandwheel.org.uk
2. Put 11–22 March 2024 in your diaries
3. [View and download the free school resources.](#)
Plan how you could use them in your school or lessons
4. Email the Big Walk and Wheel team if you have any questions: bigwalkandwheel@sustrans.org.uk



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Sustrans is the charity making it easier for people to walk and cycle. Join us on our journey. www.sustrans.org.uk

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